

BEAUTY & HEALTH *Must-Dos for November*

1. HEAL YOUR HAIR

John Barrett's Elementage Be Healed Styling Masque (\$38) serves up a cocktail of protein, vitamins and essential fatty acids that repairs locks and protects them from further damage. johnbarrett.com.

2. WEAR GLOSS

LIKE A GROWN-UP
Toss out your too-slick, too-gooey glosses and sport one of these instead: both Dior's Crème de Gloss (\$24.50) and By Terry's Gloss Délectation (\$41; at [Barneys New York stores](#)) are packed with pigment and easy on shine.

3. HEAD FOR THE ROCKS

Giorgio Armani's Crema Nera (\$225), the brand's first skin-care launch, nourishes the complexion with a lab-designed obsidian-mineral complex inspired by a unique volcanic rock found on Armani's favorite island, Pantelleria, off the coast of Sicily. giorgioarmanibeauty.com.

4. PICK A POSY

Or two. **Chantecaille's** Les Passementeries palette (\$82) artfully stores two eye-shadow pans (a gold, brown and black combo and a navy, beige and silver one) along with a pan of soft cheek colors. At [Neiman Marcus stores](#).

5. HAVE A HEART

Purchase **Clarins's** limited edition Eau Dynamisante spray (\$60), a spicy scent with an uplifting effect, and you'll be lifting others' spirits, too. 100 percent of profits go to the Little Star Foundation, which supports ill and impoverished children worldwide.

6. TWIST AND TWIRL

Hairstylist **Matthew Monzon**, who coils stars and models, turned us on to the **Hai Elite Rod** (\$210), a high-tech curling iron whose non-cone shape creates curls in various sizes. The fact that there's no pesky clamp to catch and tear hair is another plus. hai-elite.com. N

Photographs by *Jeff Westbrook/Studio*